

Disaster Survival Card



Gofuku Campus

Sugitani Campus

① When an Earthquake strikes! protect yourself

Initial operation when an earthquake occurs

Shout "Jishin da"! (Earthquake!)

When Indoors

1. Move away from large furniture and heavy appliances and go under a table.
2. Turn off gas ranges, heaters, etc., once the shaking subsides.
3. Secure an exit by opening a door or window.
4. Do not rush outside.

When Outdoors

1. Protect your head with a bag, clothing, helmet, etc., and move to a safe, open space (broken glass from a building will fly a distance equivalent to half height of building).
2. Stay away from walls, gate pillars and the like.

Wait for the shaking to stop before doing anything!

Act calmly
Help friends and neighbors when you are safe.

Is your current location safe?

- YES** Don't move from there
- NO** Move to evacuation areas

1. If you need to evacuate, follow the instructions of faculty/staff.
2. Initial extinguishing (Extinguishing a fire helps the people around you).
3. Rescue operation (Speak to those around you, cooperate with them, and start rescue from the scene where it is easy to help.)

Evacuation from fire etc

After an earthquake, there is a possibility of fire, so temporarily evacuate to an evacuation areas.

Evacuation areas (Gofuku Campus)

Ground 1 / Ground 2 / Gofuku Park Ground

Evacuation areas (Sugitani Campus)

Athletics stadium / Tennis court

Precautions during evacuation

- Never use the elevator
- Do not breathe smoke or dust (Cover your mouth with a handkerchief, etc.)
- Think of a safe route
- Do not push each other in a hurry
- Follow the instructions from the hall announcements and faculty/staff.

② Once things calmed down, first check the safety of your family, etc.

Safety confirmation from the university will be conducted through the system (④).

How to use Disaster Message Boards

In the event of a major disaster, a "disaster message board" will be displayed at the top of each mobile phone company's official website, allowing users to register and confirm their safety. You can also check from your PC and various mobile phone.

- NTT docomo
<http://dengon.docomo.ne.jp/top.cgi>
- KDDI (au)
<http://dengon.ezweb.ne.jp/>
- SoftBank / Ymobile!
<http://dengon.softbank.ne.jp/>

※For details, check the website of each mobile phone company.

How to use the Disaster Message Board web171

Registered messages can be viewed from all over the country (including overseas) using the phone number as a key, and additional messages can be registered.

Access "<https://www.web171.jp/>"

Enter the phone number of the person you want to contact

[Post]

[Read]

Press "Post" button

Press "Read" button

Enter your name, safety status, and message, then press "Post" button.

Read the message. You can also post your own message after reading the posted message.

※For details, check the website of NTT.
<https://www.ntt-west.co.jp/dengon/web171/>

Telephones in order of accessibility during a disaster

It's crowded and difficult to call, but don't give up and take your time.

1. Payphones (telephone cards cannot be used during a blackout so have 10 yen coins ready)
2. Landline Telephones
3. Cellular Phones

It is difficult to make calls during a disaster so please make use of other resources such as the Disaster Emergency Message Dial, emails, website bulletin boards, X(Twitter), etc.

Contact Info for Evacuation Shelter / Relatives

Evacuation Shelter: _____
Tell: _____

Relatives or Friends Address: _____
Tell: _____

Relatives or Friends Address: _____
Tell: _____

Have regular family discussions about the evacuation shelter your family will use if evacuation from home becomes necessary and decide on a contact number to reach each other in advance.

③ Once things calm down, if you can go home, go home. If you can't go home, evacuate.

Criteria to go home

Don't force yourself to move far

Go home if you can arrive before sunset. Considering that the walking speed at the time of a disaster is 2.5 km/hour, please note that it takes 4 hours to walk 10 km.

Immediately after a disaster, the roads that can be passed is restricted and there is a risk of panic as people crowd into stations and other places.

In the event of a disaster, please note that traffic restrictions will be imposed to transport injured people and emergency supplies.

(There is a possibility that the road will be closed to public vehicles.)

Distance from Gofuku Campus

Toyama Station	2.7km (1h 5min)
Kosugi Station	9.3km (3h45min)
Takaoka Station	17.1km (6h50min)
Shin-Takaoka Station	17.8km (7h10min)
Namerikawa Station	19.1km (7h40min)
Hayahoshi Station	5.7km (2h20min)
Sasazu Station	16.8km (6h45min)
Toyama IC	6.2km (2h30min)

Distance from Sugitani Campus

Toyama Station	7.7km (3h 5min)
Kosugi Station	7.7km (3h 5min)
Takaoka Station	14.9km (6h 0min)
Shin-Takaoka Station	14.3km (5h45min)
Namerikawa Station	24.1km (9h40min)
Hayahoshi Station	4.1km (1h40min)
Sasazu Station	17.4km (7h 0min)
Toyama IC	7.9km (3h10min)

When it is difficult to return home

Avoid activities at night

If it is difficult to get home before sunset, stay at the evacuation area (shelter) until it gets brighter outside.

※Estimated Times of Sunrise / Sunset

【Toyama】	3/20	5:56 / 18:02
	6/20	4:32 / 19:13
	9/20	5:37 / 17:52
	12/20	6:59 / 16:38

(It gets dark 1 hour earlier during bad weather.)

※Toyama City will open evacuation shelter depending on the scale of the disaster.

- [Primary] Elementary School Gymnasiums
- [Secondary] Junior High School Gymnasiums
- [Tertiary] High School Gymnasiums / Gofuku Campus/Sugitani Campus

Evacuation shelter(Near Gofuku Campus)

- [Primary] : Sakuradani Elementary School, Gofuku Elementary School, Shimmei Elementary School, Kureha Elementary School
- [Secondary] : Seibu Junior High School, Kureha Junior High School
- [Tertiary] : Gofuku Campus, Attached Elementary School, Attached Junior High School, Toyama Technical High School, Toyama Commercial High School

Evacuation shelter(Near Sugitani Campus)

- [Primary] : Asahi Elementary School, Furusawa Elementary School, Ikeda Elementary School
- [Tertiary] : Sugitani Campus
- [Others] : Asahi Community Center

④ Contact the university

Safety confirmation system (ANPIC)

In the event of a major disaster, the university uses a system to confirm the safety of students. If you receive a safety confirmation email from the university, be sure to respond.



University of Toyama ANPIC (Login URL)
<https://anpic-u-toyama.jecc.jp/u-toyama/login>

Contact information (Gofuku Campus)

Security guard room (24h)	076-445-6110
School of Humanities	076-445-6138
School of Education	076-445-6259
School of Economics	076-445-6517
School of Science	076-445-6547
School of Engineering	076-445-6701
School of Sustainable Design	076-445-6698

Contact information (Sugitani Campus)

Guard room (24h)	076-434-7734
Student counter	076-434-7123

Emergency personal information

Name: _____

Student number: _____

Schools: _____

Departments or Courses: _____

Emergency Contact: _____

Address(in Japan): _____

(your country): _____

Tell: _____

Blood Type: _____

Chronic disease: Yes / No

Medicines: Yes / No

Allergies: No / Yes { _____ }

MEMO

Disaster Survival Card



Takaoka Campus

① When an Earthquake strikes! protect yourself

Initial operation when an earthquake occurs

Shout "Jishin da"! (Earthquake!)

When Indoors

1. Move away from large furniture and heavy appliances and go under a table.
2. Turn off gas ranges, heaters, etc., once the shaking subsides.
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Evacuation from fire etc

After an earthquake, there is a possibility of fire, so temporarily evacuate to an evacuation areas.

Evacuation areas (Takaoka Campus)

Multipurpose ground

Precautions during evacuation

- Never use the elevator
- Do not breathe smoke or dust (Cover your mouth with a handkerchief, etc.)
- Think of a safe route
- Do not push each other in a hurry
- Follow the instructions from the hall announcements and faculty/staff.

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In the event of a disaster, please note that traffic restrictions will be imposed to transport injured people and emergency supplies.
(There is a possibility that the road will be closed to public vehicles.)

Distance from Takaoka Campus

Takaoka Station	4.6km (1h50min)
Shin-Takaoka Station	6.4km (2h35min)
Kosugi Station	10.3km (4h10min)
Toyama Station	20.7km (8h20min)
Himi Station	10.5km (4h15min)
Tode Station	11.5km (4h40min)

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[Tertiary] High School Gymnasiums / Gofuku Campus/Sugitani Campus

Evacuation shelter (Near Takaoka Campus)

[Manyo area]	Takaoka Campus Gymnasiums, Manyo Elementary, Futagami Kominkan, Manyo Shakai Fukushima Center, Takaoka Koutou Shien, Moriyama Kominkan, Shonen Ikusei Center
[Kofu area]	Fushiki Elementary, Kofu Elementary, Kofo Kominkan
[Nomachi area]	Nomachi Elementary, Nomachi Nursery, Nomachi Kominkan, Takaokashi Eisei Kosha Honsha
[Narumi area]	Narumi Elementary, Shikino Junior High, Bunka Geinokan, Narumi Kominkan, Kitanippon Shimbu Seibu Honsha

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Contact information (Takaoka Campus)

Security guard room (24h) 0766-25-9111

Student counter 0766-25-9130

Contact information (Gofuku Campus)

Security guard room (24h) 076-445-6110

Contact information (Sugitani Campus)

Guard room (24h) 076-434-7734

Emergency personal information

Name: _____

Student number: _____

Schools: _____

Departments or Courses: _____

Emergency Contact: _____

Address(in Japan): _____

(your country): _____

Tell: _____

Blood Type: _____

Chronic disease: Yes • No _____

Medicines: Yes • No _____

Allergies: No • Yes { _____ }

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